

Frequently Asked Questions

What is neurodevelopment?

There are certain steps children grow through as they develop. If any of these steps are skipped, then the brain and pathways do not develop properly. This may cause learning inefficiencies or learning disabilities later on. The good news is that children and adults at any age can go back through the stages of neurodevelopment to improve organization, short term memory, long term memory, coordination and academic abilities.

What is The Neurodevelopmental Approach?

The Neurodevelopmental Approach is a methodology of stimulating the brain with specific activities that will bring about an increase in neuro-pathways, resulting in better neuro-efficiency. With better neuro-efficiency one can receive, process, store and retrieve information more easily. We work with the root causes of learning difficulties as opposed to medicating and teaching coping and compensating skills.

At what age does The Neurodevelopmental Approach work?

In the past 40 years, researchers have discovered the amazing plasticity of the brain. Therefore, there are no age restrictions. Whether you have an infant or you are an adult who has been dealing with attention and focusing issues all your life, The Neurodevelopmental Approach can help.

How much time does Developmental Foundations take?

The program is designed to take about one hour per day. There is a list of activities that the individual can do independently and a list that requires about 40 minutes that has to be completed with help. Included in this list will be the individual's reading and math sessions. These activities are done for at least four months and some activities can require upwards of twelve to eighteen months for full benefit.

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What is brain organization?

The human brain is an incredibly complex and diverse organ that controls everything that we do. When the brain is organized, information can go in, be processed and stored efficiently for easy retrieval. This brain organization starts at the sub-cortical (pre-thinking) part of the brain and everything else is built on those connections. Many current child rearing practices in our modern society are interfering with good brain organization and are in fact causing brain inefficiencies.

What is meant by plasticity of the brain?

Neuro-plasticity is the ability of the brain to change with learning. It is possible for the brain to reorganize neuro-pathways based on new experiences. Research shows there is a natural repairing ability within the brain that continues throughout our lifetime. A good example would be to imagine taking a quarter and pushing it into a lump of clay. When you separate the quarter from the clay, you'll see its impression. The lump of clay had to change in order to accommodate this new impression. In essence, the same is true for your brain when new "impressions" are made through learning and experiences. In the world of neurodevelopment, we work to make "impressions" through brain stimulating, educational and developmental activities with intensity, frequency and duration. We utilize "The Neurodevelopmental Approach" which is a way for your brain to build connections (neuro-pathways) so that the learning "impressions" are efficient, and are stored in long term memory with rapid, permanent recall.

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Is neurodevelopment, the basis for the Developmental Foundations program, a medical treatment?

Little Giant Steps, the author of Developmental Foundations, is a Christian educational consulting service utilizing The Neurodevelopmental Approach which is developmentally and educationally-based. Activities recommended are not medical, therapeutic, or psychological prescriptions. Activities are offered for review, investigation and education. Application of activities is at the sole discretion of the purchasing family. None of the LGS staff is licensed to practice medicine.

Does my child need an individualized neurodevelopmental evaluation?

Every individual would benefit from a full neurodevelopmental evaluation and individualized program since most of us have inefficiencies that we compensate for on a daily basis. We know from experience that full evaluations can't always happen, and may not be required to get certain individuals "connected" or neurologically efficient. Developmental Foundations has many of the tried and true neurodevelopmental activities that have been changing lives for decades.

How affordable is an individualized assessment?

Let's address the affordability of a traditional neurodevelopmental program with professional evaluation, an individualized program and support. In the world of therapies, tutoring and special schools, there is nothing as affordable as a neurodevelopmental evaluation. This approach equips the parents to be the trainers so that brain stimulation can be accomplished more frequently (sometimes several times a day), with intensity and over a long enough period of time to really see lasting and significant results. Developmental Foundations is a first step and if all the issues are not resolved with this program, the time and expenditure for an individualized program could be significantly reduced.

Frequently Asked Questions From Concerned Parents

What age level can use the with Developmental Foundations?

Developmental Foundations can be used at any age. It works with what is called "neuro-plasticity" (the brain's ability to repair or advance itself through stimulation). When neuro-pathways are created, improved, or strengthened by specific stimulation, communication between the brain and body becomes efficient. When neuro-efficiency is established, anyone at any age will improve abilities to learn, retain and recall information.

My child has a problem with his eyes. Will Developmental Foundations help him?

In the Developmental Foundations program the eyes are not really addressed specifically although several of the activities will help eye convergence. When it comes to eye issues we recommend that you get an appointment with a developmental optometrist and/or get a full neurodevelopmental evaluation for other root causes of learning challenges.

Why must I fill out a questionnaire before purchasing Developmental Foundations? Isn't it my decision as a parent to purchase this program?

The questionnaire is as much of a courtesy as it is a professional commitment to excellence. We want to inform you, to the best of our ability, as to whether this product is something that can serve you. There are cases where this program is not appropriate. The more we know about the circumstances you are dealing with, the better our guidance can be. There are many outside therapies available that we may determine as being a better recommendation for you. If that is the case, we make referrals, just as we do with potential clients who seek our individual professional services. Because we are developmentally and educationally-based; there are instances where we would request that you seek medical intervention. Many of our clients, before finding our services, had previously spent their money on programs that did not work; we don't want that to ever be the case with the Developmental Foundations. The required questionnaire is a part of our quality control.